



DES MOINES



CITY CURRENTS

FALL 2017

**Laura Hartema—A True
Friend of Des Moines Creek**

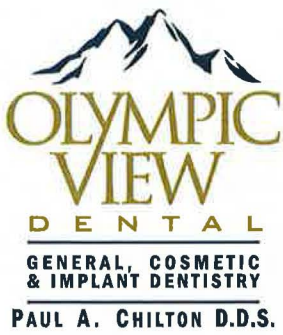
SEE PAGE 11

**Thinking of a New Puppy?
Tips for Success**

SEE PAGE 14

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2017 FALL

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On the flip side...

Your Guide to Des Moines Parks, Recreation & Senior Services

Flip the magazine over to check out the FALL schedule.

- Club KHAOS schedule—Register now!
- Get Out and Have Fun: Outings to gardens, restaurants, performances and travel abroad!
- Make your voice heard—take our “No Kids Left Inside” Play Area Survey.



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Council Highlights

CITY COUNCIL HIGHLIGHTS FROM MAY–AUGUST Ordinance 1681-1685 Resolution 1358-1363

Held Public Hearings:

- Telecommunications Franchise Agreement with MCI-Metro dba Verizon, Ordinance No. 1682.
- 2018-2037 Transportation Improvement Plan.

Approved the Following Action:

- Arts Commission Appointment of Rondi Marsh.
- City Manager Contract Amendment.
- 2017 Summer Events Agreement with Destination Des Moines, Resolution No. 1358.
- Funding Agreement for City Fees and Services for the Federal Way Link Extension Project Contractor Procurement Phase.
- South Sound Boating Season Opening Day Proclamation.
- Highline View Estates Modified Subdivision Final Plat, Resolution No. 1359.
- Valley Communications Center Interlocal Agreement for Emergency Dispatch.
- Contract Award for 2017 Parkside Park Renovation Project.
- Amendment to Contract with American Building Services, Inc. for Janitorial Services in City Buildings, Marina Harbormaster's Office.
- Consultant Support Contract ADA Transition Plan, 2016-2017 On-Call General Engineering Services, Parametrix Inc. Task Assignment 2017-07.
- State Environmental Policy Act Categorical Exemption Flexible Thresholds.
- 2017 Budget Adjustment, Ordinance No. 1681.
- National Parks and Recreation Month Proclamation.
- Field House Park Play Area Renovation Project Grant Funding, Resolution No. 1360.
- Kiddie Park Play Area Renovation Project Grant Funding, Resolution No. 1361.

DES MOINES CITY COUNCIL



Matt Pina
Mayor



Vic Pennington
Deputy Mayor



Robert K. Back
Councilmember



Luisa Bangs
Councilmember



Dave Kaplan
Councilmember



Melissa Musser
Councilmember



Jeremy Nutting
Councilmember

**City Council meets
1st, 2nd and 4th
Thursdays
at 7pm**

- Claims for Damages Acceptance Agents Appointment, Resolution No. 1362.
- Interagency Agreement with Highline College for the Small Business Development Center.
- Second Reading, Telecommunications Franchise Agreement with MCI Metro dba Verizon.
- City Hall Operating Hours, Ordinance No. 1683.
- Amending Code Reference to South King Fire & Rescue, Ordinance No. 1684.
- Marina Moorage Rate Assessment and Moorage Rates, Ordinance No. 1685.
- Setting the Small Cell Telecommunications Franchise Application Fee, Resolution No. 1363.
- Interagency Agreement-Edward Byrne Memorial Justice Grant Program Award #2016-DJ-BX-0138.
- Contract Award for Optional Standby Generator Project for Engineering Building.
- Teamsters Local 763 Collective Bargaining Agreement.
- Amendments to Title 4 DMMC, Amending the Title Mayor Pro Tem to Deputy Mayor.

- Redondo Boardwalk Repair Consultant Agreement Supplement #6 for Additional Construction Administration and Inspection Services for Supplement #7 for Contract Mediation Support.
- Amendment to Contract with American Building Services, Inc. or Janitorial Services in City Buildings (Des Moines Beach Park Restrooms).
- Budget Amendment Request for the Marina and Beach Park Pay Parking Project.
- 2018-2023 CIP Adoption, Resolution No. 1365.

Other Action Taken:

- State of the Court Address.
- Poverty Bay Shellfish Protection District Formation.
- Marina Redevelopment Update Discussion.
- Highline College Small Business Development Center Presentation.
- Outgoing Arts Commission Member Acknowledgement to Nancy Stephan.
- 1st Quarter City Manager Report.
- Ad Hoc Aviation Advisory Committee Update.
- Wasson Property Discussion.
- Police Deployment of Personnel Update.
- Communications Plan Presentation.
- Fourth of July Police Department Debrief.
- Summer Events Update.
- Evidence Based Policing Discussion.
- Sound Transit Federal Way Link Extension Update.
- Emergency Management Update.
- Port of Seattle Hardstand Holdroom Proposal Discussion.
- Recology Cleanscapes Comprehensive Garbage, Recyclables and Compostables Collection Agreement Extension.
- Interlocal Agreement Between the City of Des Moines and the Highline School District For a School Resource Officer at Mt. Rainier High School.
- Removal and Destruction of Nuisance Vegetation and Debris Ordinance.



From the Mayor



By Mayor Matt Pina

I HOPE THAT EVERYONE HAS BEEN ENJOYING THIS BEAUTIFUL SUMMER and has had the opportunity to attend one of the many summer events in

Des Moines. The Fourth of July firework show was fantastic and the Waterland Festival and Parade really showed off the sense of community that exists in Des Moines. Without the countless volunteer hours and participation of so many of our great residents, these events wouldn't be possible. Please share your gratitude if you see any of them around the town, I know I will!

In the last *City Currents* column that I co-wrote with Deputy Mayor Vic Pennington, we highlighted the City's drastically improved financial condition. Our improved situation has allowed the City Council to authorize three new police officer positions, create a new Assistant Chief of Police position to help manage our new policing model, and add a new detective position to serve on the multi-jurisdictional violent crimes taskforce, formed to address crimes throughout South King County. I am happy to report that the department is actively hiring to fill these positions. We were able to allocate the additional funding to law enforcement because we were willing to make some very difficult decisions over the past few years.

There is no doubt that this region is in a period of unprecedented growth. To ensure we are able to take advantage of the economic development opportunities that are currently available, the city

“There is no doubt that this region is in a period of unprecedented growth. To ensure we are able to take advantage of the economic development opportunities that are currently available, the City Council has taken a hard look at the way that we do business in Des Moines.”

Council has taken a hard look at the way that we do business in Des Moines. Through the improved use of technology, amendments to the city code, and with input from our excellent city staff, we have been able to streamline the permit process. This gives us an advantage over the competition for development and redevelopment. (See article re Permitting Processes p. 10). The result is that we are seeing a number of large and small scale construction projects throughout the city that are bringing family wage jobs to Des Moines and further improving our financial sustainability.

Recently, the marina paid parking system went live. Although we have received some complaints about the paid parking program, people are already noticing the additional benefits of the new system. The gates help to enforce the nightly Marina closure that has always existed, but has not always been respected. As a result, law enforcement is no longer being rerouted from city wide calls to address noise and trespass complaints that used to occur in the Marina on a nightly basis. Staff is noting a dramatic reduction in waste and contraband clean-up. Walkers, joggers and tenants are also

telling us that the marina feels more safe and inviting. The main benefit is that the paid parking program is allowing the city to put aside funds for the much needed repair and replacement of the North Marina Bulkhead. Without this, the bulkhead will fail and a significant part of the marina will be lost for all. This has been accomplished with minimal parking rates set at \$1 per hour with a maximum all day charge of \$5. Yearly resident passes are available for the cost of processing and administration, at the Harbormaster's office. Please note that Anthony's Restaurant provides free parking validation to their customers and the Farmer's Market provides a two hour validation with a purchase from any market vendor.

As with everything, we are listening, learning and adjusting as we go. We are committed to a model of continuous improvement. Thank you for your participation, input, understanding and support.

As summer starts to fade away into fall, I hope you take time to enjoy the rest of what summer has to offer. Please be sure to check out all the wonderful things happening in this issue of the *City Currents*.

Des Moines 2017/18 Community Services Directory Now Available

THIS SIX PAGE DIRECTORY IS AN EXCELLENT RESOURCE for area agencies and services that provide assistance to our residents. Categories range from food and transportation to legal services and childcare. Health resources, employment, and consumer affair categories are also included. It is an easy reference document for the help you may need. For a copy please visit the city's web page and download the directory at <http://www.desmoineswa.gov/DocumentCenter/View/4> or call 206-878-1642. Copies of the Community Service Directory are also available at all city buildings and the Des Moines and Woodmont Libraries. Many thanks to the City of Des Moines Human Services Advisory Committee for providing this helpful Community Services Directory; Judi Armer, Kristy Dunn, Charlotte Edman, Chad Harper, Carolina Lucero, and Dr. Alex Szabo.

Des Moines Arts Commission Position Available

The City of Des Moines Arts Commission (DMAC) has one opening available. Commission members are appointed by the Mayor and serve for a three-year term or an unexpired portion of a three-year term. This position is open until filled.

Arts Commission applications are available online at: www.desmoineswa.gov.

Applications are submitted to:

*City Clerk
City of Des Moines
21630 11th Ave. South, Suite A
Des Moines, WA 98198*

Participation on the Commission includes attendance at monthly meetings. As a Commissioner you will also be encouraged to assist with Arts Commission project planning, marketing, fundraising and attending its activities. 2017 Arts Commission events include:

- Beach Park Summer Concerts, July-August
- Shakespeare in the Park, August
- Arts Gala on Poverty Bay, September
- Seattle Symphony Community Concert, October
- Squid-A-Rama, November
- Art on Poverty Bay Outdoor Sculpture Gallery, two-year cycles

If you would like more information about the Des Moines Arts Commission or if you would like to volunteer at Arts Commission events, please contact Patrice Thorell at pthorell@desmoineswa.gov or call 206-870-6527.



DES MOINES DIRECTORY

City Hall

21630 11th Avenue South
206-878-4595

Business Hours

Monday – Friday
8:00am – 4:30pm
www.desmoineswa.gov



City Council

Matt Pina, Mayor	MPina@desmoineswa.gov
Vic Pennington Deputy Mayor	VPennington@desmoineswa.gov
Luisa Bangs	LBangs@desmoineswa.gov
Robert K Back	RBack@desmoineswa.gov
Dave Kaplan	DKaplan@desmoineswa.gov
Melissa Musser	MMusser@desmoineswa.gov
Jeremy Nutting	JNutting@desmoineswa.gov

City Offices

City Attorney	206-870-6553
City Clerk	206-870-6519
City Manager	206-870-6541
Planning/Building	206-870-7576
Engineering	206-870-6522
Facilities Rentals	206-870-9370
Finance Director	206-870-6532
Marina	206-824-5700
Municipal Court	206-878-4597
Parks Administration	206-870-6527
Police Department	206-878-3301
Public Works/Park Maintenance	206-870-6559
Recreation	206-870-6527
Senior Services	206-878-1642

Other Numbers

Emergency	911
Animal Control	206-870-6527
Field House	206-870-6527
Fire (non-emergency)	253-839-6234
Library, Des Moines	206-824-6066
Library, Woodmont	253-839-0121
Police Dispatch (non-emergency)	206-878-2121

Utilities and Services

Century Link	800-573-1311
CleanScapes	206-762-4900
Comcast	877-778-7008
Highline Water District	206-824-0375
Lakehaven Wtr/Sewer	253-941-1516
Midway Sewer District	206-824-4960
Puget Sound Energy	800-321-4123
SW Suburban Sewer	206-244-9575
Water District #54	206-878-7210

CALL BEFORE YOU DIG:

Utility Locates	800-424-5555
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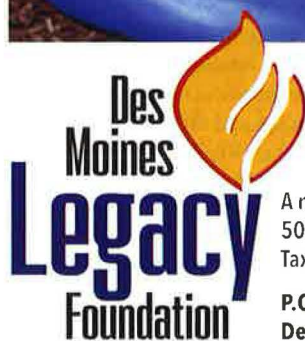
DES MOINES

**CITY
CURRENTS**

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Ask an Ecologist

By Laura Hartema, local ecologist and leader of Friends of Des Moines Creek volunteers

Recycle? Compost? Garbage? Oh, my.

DO YOU, TOO, STRUGGLE EACH TIME YOU THROW SOMETHING AWAY? Do you stare with frustration at the three-way instruction pamphlet, glancing back and forth between the cute little pictures and what you hold in your hand? Which bin *does* this go into? And why should I care? Why should I get it right? Can't I just throw it in the garbage and let someone else deal with it?

Children ask why all the time, and so should we. Once we understand, we're more likely to follow direction. I called a Recology expert to answer a few common questions.

Why recycle and compost in the first place?

Recycling converts used products into new; it reduces the need to extract virgin materials and reduces the amount in landfills. Landfills are a finite resource and land is expensive. Garbage in a landfill breaks down and releases greenhouse gas methane, one of the gases contributing to a blanket around our atmosphere known as global warming. Composting keeps scraps out of the landfill and reduces methane. Compost is nutrient rich and can be reused locally.

Where does it go?

Recyclables are sorted locally. It must meet the specs, have enough volume of material, and is then sold at market value nationally or beyond. Compost is kept locally at composting facilities. Garbage goes into local landfills, but they will eventually meet capacity and will need to be transported further, resulting in higher costs to the consumer.

What are the biggies?

- **Glass.** It doesn't lose its strength and is infinitely recyclable.
- **Paper.** The fibers in paper become shorter and weaker each time it is recycled (up to ten times). Clean paper can be recycled; food soiled paper goes in the composter.
- **Metals.** Recycle aluminum, metals with iron, steel and some others. Empty aerosol canisters can be recycled.
- **Plastics** are varied and their recyclability depends on how they were manufactured. Ignore the chasing arrows with the numbers. Instead ask, "Is this a tub, jug or bottle?" If so, like 90% of plastics, it can be recycled. Note, only *tan* meat trays are compostable; Styrofoam is not.

Remember, plastics need to be free from food waste and dry, which is why ziplocks or other dirty plastics are not allowed. Food contaminates the batch and will be refused by market. Lids need to be attached to bottles, or placed in the garbage if under three inches due to sorting techniques. Smaller plastics fall through the separating screens and contaminate the batch of glass or other product below.

Why bag the plastic bags?

Imagine being a sorter at the front line of a giant conveyor belt whose job is to pull off any oversized items or those that interfere with the purity of the materials or the equipment's operation. One of these culprits is loose plastics. The sorters have to easily grab the bags of plastic (grocer bags, clear and clean film) and separate them for further processing. Let's make their job easier.

Now you have more information about why and how we recycle and compost. The folks at Recology say residents are doing good. Near 95% of recyclables received at the facilities are used. Still, almost 50% of garbage in the landfill could be composted or recycled. The Seattle region is fortunate to have curbside recycling and composting, still unavailable to much of the nation. Let's all become "Superstar Recyclers," and do our part in caring for our community and our environment.

→ To inquire about future volunteer opportunities or keep informed about Laura Hartema's upcoming memoir, "Bering Sea Strong," see <http://www.laurahartema.com>.

→ For more information call Recology at 206-859-6700.



Safe Disposal of Medicines Now Available

UNUSED, EXPIRED, AND LEFTOVER MEDICATIONS THAT ACCUMULATE IN YOUR HOME increase the risk of drug abuse, overdose, theft by a family member, and preventable poisonings while unwanted medicines flushed down toilets and sinks or thrown in the trash can end up in the environment.

The City of Des Moines Senior Services Advisory Committee has been working for over ten years to help bring safe medicine disposal sites to King County and Des Moines. The years of hard work have paid off; as there is now a safe and convenient way to dispose of unused, expired, and leftover medications.

A new initiative, the King County Secure Medication Program, aims to provide a safe, convenient, and responsible means of disposing of prescription and over the counter medications. You can now safely dispose of the medicines you no longer need by taking them to a convenient drop-box in the area. These participating pharmacies, clinics, hospitals and law enforcement offices will accept most prescription and over-the-counter medicines for disposal at no cost.

Additional information on King County Secure Medication Program and the National Take Back Your Meds Program can be found at www.takebackyourmeds.org or kingcountysecuremedicinereturn.org.

SAFE MEDICINE DISPOSAL SITES

HealthPoint Midway
26401 Pacific Highway
Des Moines 98198

Access Pharmacy (next to Starbucks)
17833 1st Ave S, Suite C
Normandy Park 98148

Burien Police Department
14905 6th Ave SW
Burien 98166

Kaiser Permanente Burien Pharmacy
140 SW 146th Street
Burien 98166

Kaiser Permanente Federal Way Pharmacy
301 S. 320th Street
Federal Way 98003

Normandy Park Police Station**
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Customer Service Focus in Development Services

THE CITY IS ALWAYS LOOKING FOR INNOVATIVE AND EFFICIENT WAYS to improve service to our residents, contractors and business customers. One that has received particular emphasis over the last few years is the city's permitting process.

Why are permits required for building and development? Simply put, land use and building permits ensure that Des Moines develops in accordance with the long term vision residents have for the future. The City Council has adopted this vision after extensive public input in a document called a

Comprehensive Plan. The plan describes how the city will provide necessary facilities and services for anticipated job and population growth and most

importantly, it is a statement of the kind of community Des Moines wants to become, envisioned by those who live, work, and play here. Regulations also ensure that buildings and developments meet safety and design standards, and are protective of the environment.

Our region is currently experiencing unprecedented growth and in order to take advantage of the available economic development opportunities, it is imperative that city permitting processes are user-friendly and efficient. As is becoming apparent with the large number of construction projects currently underway, the city is particularly forward thinking in implementing these necessary permitting and regulatory requirements. Much of the information you need is available on the city website, including the ability to check application status or schedule an

inspection, a map-based and searchable database of active permits, and the ability to apply for a variety of permits online.

City staff are solution-oriented in assisting

applicants. A permitting team brings multiple disciplines to the table to solve technical issues while assuring quality and safe development. Our permitting systems are examined on a regular basis, and regulatory, process and technological improvements are made. We listen to

our customers and focus on providing timely and courteous service. If you are an applicant, or if you are have questions about a proposed development, our goal is to assist you in an efficient and helpful manner. Here are a few of the recent comments received from our customers:

Sign permit applicant:

"Thanks for the responses everyone, we appreciate it. It is always nice to be able to work with people who respond and are helpful."

Office building applicant:

"My sincere thank you to all of you. This was a make or break point in the project and you all came together and made it work. We look forward to another 100 plus years in business in Des Moines."

Single family applicant:

"As a long time Des Moines taxpayer I am really happy to have dealt with city employee..." (Building Official). "He not only did his job, he went the extra mile to professionally and expeditiously assist a Des Moines resident who was truly in a crisis situation. Please pass on a word of thanks to him for a job well done!"

Our offices are located at City Hall, 21630 11th Ave. S. Suite D, and general inquires can be made to PBPWGeneric@desmoineswa.gov. Offices are open from 8:00 a.m. to 4:30 p.m. and counter walk-in hours are 9:00 a.m. to 11:00 a.m. Monday through Friday. We look forward to assisting you with your questions or project.

Explore the comprehensive plan:
www.desmoineswa.gov/DocumentCenter/View/2091

Find more permitting information or view the active permits map:
www.desmoineswa.gov/172/Planning-Building

City of Des Moines ADA Transition Plan

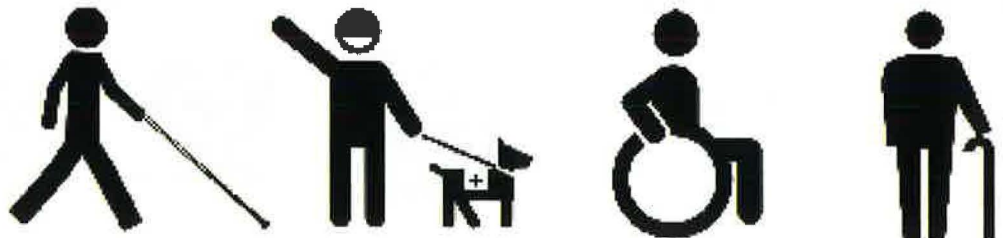
CONTINUING EFFORTS TO DEVELOP AN AMERICANS WITH DISABILITIES ACT (ADA) TRANSITION PLAN to ensure equal access to public programs, services, and facilities, the city has conducted a public open house, initiated an online survey, field surveyed sidewalks, and developed an outline for the final Transition Plan document. Throughout this summer, evaluation of city programs, services, and buildings will occur followed by a draft Transition Plan this

fall. The plan will ultimately document ADA deficiencies and identify strategic actions moving forward to mitigate these issues.

The ADA online survey will be accessible throughout the plan development, and the

city encourages you to provide comments at www.desmoineswa.gov.

If you have questions, contact city project manager Andrew Merges at 206-870-6568.



Des Moines Legacy Foundation LEGACY Award 2017

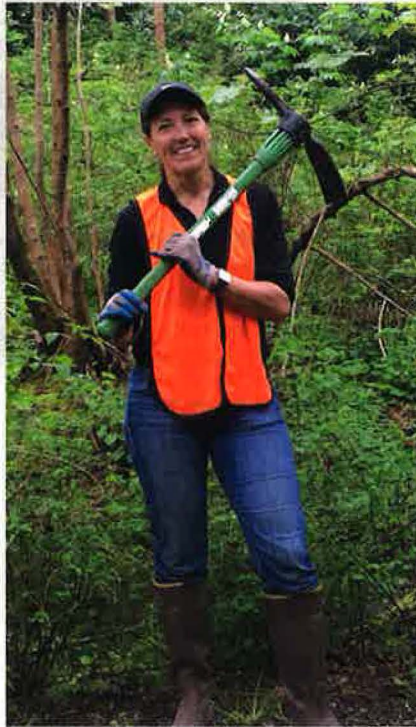
By Lillian Claunch

CONGRATULATIONS TO LAURA HARTEMA. She has been chosen by the Des Moines Legacy Foundation board of directors to receive the foundation's inaugural LEGACY Award. The award is in the form of a glass flame, signifying the positive force of an outstanding community volunteer in changing the needs of our community through selfless leadership through parks, recreation and senior services.

Laura has been the director of *Friends of Des Moines Creek* for nearly two decades. Her focus has been on protecting the stream buffer, removing invasives and replanting with native plants to reduce erosion, protect trees from English ivy, and improve fish and wildlife habitat.

Laura, a vivacious woman, was surprised by the award. "Being a local ecologist, I enjoy the many volunteers who pitch in to improve our community and Des Moines Creek. All types of groups have volunteered, from high schools, colleges, churches, and other community groups. It is a tough task to control invasive, non-invasive vegetation along the creek and maintain a healthy buffer. Native plants help prevent erosion, improve water quality, and provide shade and cover for salmon."

Laura maintains a volunteer website and has contributed various *Ask an Ecologist* articles for the *Des Moines City Currents* magazine for the past two years. I asked Laura what she wanted to convey to the community about preserving the environment; "I write



Above: Laura Hartema, Director of Friends of Des Moines Creek, volunteering her time for the community and Des Moines Creek.

Below: Laura Hartema being presented the 2017 Des Moines Legacy Foundation Award.



articles to bridge the environment with our community," she answered. "I want to show people how their actions matter. Each of us can do a small part to care for and maintain a healthy environment. We live in a small community, but collectively, we make up a greater planet."

I was delighted to learn she has written a book. "I spent three months as the sole woman scientist working alongside twenty-five men on a commercial fishing vessel in Alaska," Laura said. "My memoir is titled, *Bering Sea Strong: Sometimes A Woman Has to Board a Fishing Boat to Find Herself.*" When the book comes out in March 2018, I will look for it on Amazon. To follow Laura and her progress, go to www.laurahartema.com.

We feel lucky and appreciative to Laura for giving her expert knowledge and labor to make a difference in our community's environment. The Des Moines Legacy Foundation is to be complimented for recognizing and publicly awarding a special award to a volunteer like Laura Hartema. Thank you Laura, from all of us.

Laura was presented her LEGACY Award at the first Des Moines Arts Commission Summer Concert, Destination Des Moines Smoke on the Water BBQ, and Des Moines Legacy Foundation's Bids for Kids at Des Moines Beach Park on Wednesday evening, July 12th by president of the Des Moines Legacy Foundation, Gene Achziger. 2018 LEGACY Award nomination forms will be available to the community in January 2018.

NUISANCE



What is a Nuisance?

A nuisance involves an unreasonable or unlawful use of property that results in material annoyance, inconvenience, discomfort, or damage to another person or to the public. Common nuisances include accumulation of junk, garbage, excessive noise, dangerous buildings, unsanitary conditions or overgrown weeds/vegetation.

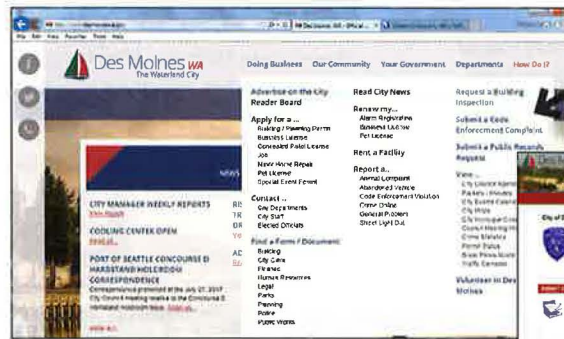
What is being done about it?

The City Council has adopted both as a short term and long term strategic objective the aggressive remediation of nuisance properties. This has resulted in the creation of a code enforcement team and increased collaboration across all city departments to efficiently and effectively address problem properties.

What can you do to help?

Report potential nuisance properties through the city website—www.desmoineswa.gov

All complaints are investigated with health and safety issues given top priority. If a nuisance is found, the property owner is generally given an opportunity to correct the problem before additional action is taken by the City. Recent enforcement action taken by the city includes issuing fines, clearing property, and demolishing abandoned structures.



Report potential nuisance properties through the City website.



MEMORIAL BENCH DONATION PROGRAM

The city installs and maintains many park benches throughout the city. The Bench Donation program allows citizens and businesses to dedicate a bench to a family or friend for a ten year time frame. If you are interested in purchasing a bench to honor someone you know, please phone 206-870-6547 for more information or email jbost@desmoineswa.gov



Construction of Parkside Park Improvements Begins in August

PARKSIDE PARK, TRANSFERRED FROM KING COUNTY TO THE CITY OF DES MOINES IN 1993, is long overdue for needed updates. Although the park is in a beautiful hillside setting, it requires vegetation and amenity improvements to make the park safer, user friendly and accessible to the surrounding neighborhood.

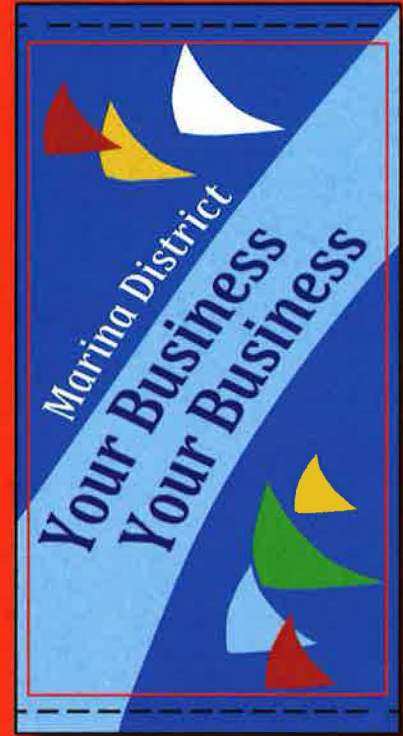
The City's Parks, Recreation and Senior Services Master Plan identified that the park's entryways are in poor condition and are not ADA accessible. Much of the park is overgrown with blackberry bushes, dense brush, and unhealthy trees that need to be addressed to enhance site safety. The fencing around the park perimeter needs repair or replacement in some areas for site security. Hillside re-grading is needed to create accessible pathways to an open play area. The existing sport court, play equipment and other amenities are in poor condition or have been removed and need to be replaced. This project will make those improvements as well as add an asphalt trail that connects to S. 26th

Place and install a new outdoor fitness area to create a welcoming neighborhood gathering place.

Parkside Park is an important community asset as the only developed park located in the South Des Moines neighborhood serving 5,000 citizens, located one block south of Highline College and in the new Transit Community Land Use Planning Area.

Funding for the park improvements is coming from the King County Community Development Block Grant program and the King County Youth Sports Facilities Grant Fund. The removal and replacement of contaminated soil in the park where the levels of arsenic exceed the established safety levels will be included in the project and funded by the Department of Ecology Soil Safety Program. For more information about the contamination go to DirtAlert.info.

For more information about the Parkside Park Renovation Project call the Parks, Recreation and Senior Services Department at 206-870-6529.



STREET BANNER PROGRAM

Spanning Marine View Drive, cross streets and areas of 7th Avenue are colorful banners promoting local businesses. The banners are fade resistant and made from a heavy 22 ounce vinyl. Each banner is \$200 for one year with an annual renewal fee of \$125. Returning businesses have first priority but if you would like to participate in this program or want to learn more, please phone 206-870-6547 or email jbtest@desmoineswa.gov for additional information. Spots are available!

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HOURS

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10 a - 5 p
SUN - MON
CLOSED

1921 Marine View Drive South Des Moines
(206) 824-9276 www.allpointsyarn.com



Thinking of a New Puppy? Tips for Success

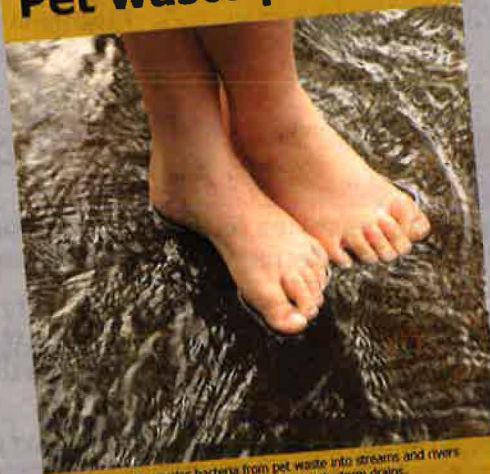
ARE YOU THINKING OF GETTING A NEW BABY PUPPY TO ADD TO YOUR FAMILY? Good for you! Puppies are wonderful—they are so much fun, but also so much work! Please consider how much time, effort, and money are involved before taking the plunge—and remember that pets are a lifetime commitment! Here are some tips that will help you with your new family addition:

"Quick Glance" New Puppy Checklist

- Have your home and yard "puppy proofed"
- Use puppy's kennel crate for sleeping, and any time you need to safely confine him/her for a short period
- Take puppy outside for potty breaks immediately upon waking, right after eating, after short playtimes, plus every half-hour or so during the day—keep an eye on puppy at all times to watch for potty behaviors!
- Take puppy to your vet for proactive health care, such as examinations, vaccinations, and parasite control
- Feed puppy quality, premium food three times a day, and have fresh water available at all times
- Have puppy meet (at least!) 100 different people and 100 other dogs in the first 100 days you have him/her
- Handle and touch all over puppy's body, including mouth and paws daily, using petting, stroking, a happy voice, and food treats
- Teach puppy "No Bite" by giving the command and a mild scruff/collar check, then praise immediately when puppy stops biting and settles and/or distracts
- Keep a collar and tag on puppy at all times, and also have puppy micro-chipped—make sure to keep all info current
- Have puppy sit-stay before you feed him/her
- Groom puppy at least once a week
- Give puppy lots of safe toys and chewies
- Keep puppy on leash when not in confined area
- Take puppy to a group class as soon as possible for socialization, good manners, and basic training
- Never leave small children unattended with puppy
- Give puppy lots of exercise and play ("a tired dog is a good dog") and let puppy sleep as much as he/she wants to
- Take puppy with you as much as possible and everywhere possible (that is safe)
- And, have lots of FUN with puppy!



Pet waste pollutes



Stormwater carries bacteria from pet waste into streams and rivers directly from the land and through storm drains.

**Scoop the poop, bag it
And place it in the trash**

Marine View Drive/S. 240th Street— All Way Stop

ON JULY 18TH AT APPROXIMATELY 5:00 P.M., THE CITY IMPLEMENTED AN ALL WAY STOP at the intersection of Marine View Drive & South 240th Street. The improvement focuses on intersection safety to reduce vehicle speeds, vehicles leaving the roadway, and vehicle turning movement collisions while at the same time allowing for better pedestrian access. Long term, the city is looking at the feasibility to install a roundabout or traffic signal at this location.

If you have any questions, contact the City's Project Manager Andrew Merges at 206-870-6568.



24th/28th Connection— Transportation Gateway Project

24TH AND 28TH AVENUE S, BETWEEN S 216TH STREET AND S 200TH STREET IS NOW CONNECTED as part of a major collaborative effort between the City of Des Moines and the City of SeaTac. This roadway opens direct access to the Angle Lake Light Rail station at S 200th Street and continues north to SeaTac Airport. The roadway includes a bridge over the future extension of SR509 with a connection to I-5.

Widening of S 216th Street between 24th Avenue S and Pacific Highway S was completed last year by the City of Des Moines as part of the Transportation Gateway Project. The combined improvements provide a multi-modal corridor, serving freight, automobiles, transit, bicycles and pedestrians along these principal arterials. The improvements provide extra vehicular capacity, helping to solidify economic development in north-central Des Moines. This area is rapidly being converted from an underutilized residential/commercial neighborhood, impacted by aircraft noise, to a robust business park community that is estimated to employ at least 2,100 people, including the FAA, by 2018.

The last link to the Des Moines Marina District will widen S 216th Street between 11th Avenue S and 20th Avenue S will include a left turn lane, bicycle lanes, sidewalks, underground utilities, and other improvements characteristic of the Transportation Gateway Project. Funded in part by the Transportation Improvement Board, this last segment is scheduled for construction in 2019.

Other related initiatives being pursued by the city includes a King County Metro Transit pilot project providing "community connections" between the Marina District, the Des Moines Creek Business Park and the Angle Lake Station by late 2017.

Community Connections Pilot Project

THE CITY OF DES MOINES SUCCESSFULLY COMPETED AND WAS SELECTED BY KING COUNTY METRO to develop a Transit Community Connections Pilot Project that would fill a public transportation corridor gap between the Des Moines Marina District and the Angle Lake Light Rail Station. Identified was the need to link the rapidly emerging Des Moines Creek Business Park (DMCBP) employment site on 24th Avenue S, Wesley Homes, and the businesses in the Marina District.

The city formed a stakeholders' group of about 30 citizens and employers who surveyed mobility needs in the corridor. Included are representatives from large employers, the City of Normandy Park and the City of SeaTac.

Key mobility objectives are to:

1. Provide community connections to regional transit system
2. Provide options for those who do not or will not use cars
3. Provide flexible and safe options for employees who work off hours
4. Get around during work day without own car

Service options are being evaluated and a preferred plan is under development. There are a significant number of production and service employees who travel outside of "normal" peak work hours.

The group plans to work with Metro to have service implemented in the last quarter of 2017 in time to meet the influx of 1,600 FAA employees who are scheduled to arrive at the DMCBP site early in 2018. It is anticipated that the City Council will be asked to endorse the plan including an ongoing evaluation process to actively refine the service and respond to unmet mobility needs.

More information regarding this project is available from the City's Project Manager, Len Madsen, lmadsen@desmoineswa.gov, or call 206-870-6525. Interested citizens may also contact Lucien Bruno, Metro Transit Project Manager, lbruno@kingcounty.gov, 206-477-9609, or visit the web page at <http://kingcounty.gov/depts/transportation/metro/programs-projects/community-connections.aspx>.

Housing Repair Assistance Program

THE CITY OF DES MOINES IS ONCE AGAIN PROVIDING MINOR HOME REPAIR SERVICES to city resident homeowners who have "extremely low" to "low" incomes based on U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes. Funding for this program is provided by a Community Development Block Grant through King County.

Services provided include but are not limited to:

- Electrical* – faulty lights, switches, plugs, circuits or exhaust fans
- Plumbing* – faulty toilets, clogged drains, leaking faucets, faulty water heaters
- Disability Aids* – installation of grab bars, hand rails, hand held showerheads, bath seats, high toilets, access ramps and application of non skid surfaces



Safety – installation of smoke alarms, security/safety lights, carbon monoxide alarms and locksets

Other – faulty furnaces, faulty gutters and roof leaks, broken window glass panes

HOW DO I QUALIFY FOR THESE FREE SERVICES?

1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months, have proof of home owner's insurance, and meet the HUD income guidelines for the program.
2. Complete the application process

HOW DO I APPLY?

To apply for this program please follow these directions:

1. Request an application by calling 206-870-6535
2. Complete the application forms and return them with the supporting documentation to the City of Des Moines/Minor Home Repair at: 21630 11th Ave. S. Ste. D, Des Moines WA 98198
3. Once your application is processed and evaluated you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.

Septic System Care

Household Practices

Keep solids, toxics, oils and grease out of the drain

- ✗ Fats, oils, grease
- ✗ Harsh chemicals or cleaners, liquid drain de-cloggers, paint thinner, excessive bleach
- ✗ Exceeding the label's recommended amount of detergent
- ✗ Bath oils, excessive soaps
- ✗ Old Medications
- ✗ Kitchen scraps, coffee grinds, avoid garbage disposal use
- ✗ Floss, hair, feminine products, condoms, kitty litter
- ✗ Baby wipes, tissue, paper towels, excessive toilet paper

Reduce and control water usage

- ✓ Space loads of laundry throughout the week
- ✓ Fix leaking sinks and toilets
- ✓ Use high-efficiency washers, low-flow toilets and showerheads if possible
- ✗ Don't drain hot tubs into septic tank or onto the drainfield

The Septic Tank

Perform tank pumping and maintenance

- ✓ Have a state-licensed or Health District-certified service provider inspect your tank at least every three years—some systems require more frequent inspection
- ✓ Learn your system type and maintenance schedule
- ✓ Have your system pumped approximately every three years based on your inspector's recommendation
- ✓ Clean outlet screen yearly (if your tank has one)
- ✓ Keep inspection and maintenance records
- ✗ Additives to "boost function" are not recommended

The Drainfield

Protect your drainfield and reserve areas

- ✗ No structures, parking, livestock, roof drainage or runoff near the drainfield
- ✗ No irrigation or sprinkler systems near the drainfield
- ✓ Plant only grass or shallow-rooted plants
- ✓ Contact your local health department or health district for a map of your drainfield

Regularly inspect your drainfield

- ✓ Check for odors, wet spots, or surfacing sewage
- ✓ If your drainfield has monitoring ports, check them every few weeks; ports that continually contain over six inches of water could indicate a problem



For more information, visit www.pugetsoundstartshere.org

AUTUMN IN DES MOINES *Events*

• AUGUST •

POVERTY BAY BLUES & BREWS

Great blues and craft breweries at Beach Park Saturday, August 26, Noon-8pm. Tickets at: www.drinktomusic.org, www.dmnprotary.org



• SEPTEMBER •

DES MOINES FARMERS MARKET Showcases local fresh farm produce, artisans and foods at the Marina. Saturdays 10am-2pm www.dmfmm.org

WINE AND ART WALK

Meet at Salon Michelle and come join us for a Wine and Art Walk stopping at local businesses—\$5.00 per stop. September 13, 5pm-7pm. www.destinationdesmoines.com

POVERTY BAY ARTS GALA

Food, Entertainment, and Arts to benefit Des Moines Arts Commission's annual events. Friday, September 22, 5pm-9pm. Tickets \$50 at: 206-870-6527. www.desmoineslegacy.org



• OCTOBER •

BBQ NIGHT

Join us for the BEST BBQ in October to support programs and services at the Activity Center Friday, October 6, 5pm-7pm. Tickets at the door. www.desmoineswa.gov

SEATTLE SYMPHONY

Free community chamber music concert at the Beach Park Event Center Auditorium Friday, October 13, 7pm. No ticket required. www.desmoineswa.gov

TRICK OR TREAT PATH & CARNIVAL

Treats at Marina District businesses 3pm-6pm, followed by a kid's carnival at Des Moines Field House, Tuesday, October 31, 5pm. www.destinationdesmoines.org

• NOVEMBER •

BAYSIDE BRUNCH

Champagne brunch at Anthony's supports programs serving low-income youth and seniors. Sunday, November 5, 9:30am-12:30pm, Tickets at: www.desmoineslegacy.org

SQUID-A-RAMA

Community event featuring squid at Highline College's MaST Center at Redondo. Saturday, November 11, 4pm-7pm. www.desmoinesartscommission.com

• DECEMBER •

HOLIDAY TREE LIGHTING

Community event with cookies, hot cocoa, caroling and photos with Santa. Friday, December 1, 6pm. www.destinationdesmoines.org

ARGOSY CRUISES CHRISTMAS SHIPS & BONFIRES

Community bonfire at Redondo and choirs singing from the Ship. Wednesday, December 6 at the Beach Park at 7:20pm and at Redondo at 8:40pm. Tickets at: www.argosycruises.com

BREAKFAST WITH SANTA

Enjoy breakfast with Santa in one of two seatings at the Activity Center. Saturday, December 9, 9:15 & 10:45am. www.desmoineswa.gov



• YEAR ROUND •

ART ON POVERTY BAY

Outdoor sculpture gallery. Locations at Redondo Beach and Marina District. Map at www.desmoinesartscommission.com



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to promote
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What's Afloat at the Mount Rainier Pool?

by Scott Deschenes, District General Manager

We wanted to update you about some exciting events happening at the Des Moines Pool Metropolitan Park District. Our park district manages the Mount Rainier Pool for the communities of Des Moines, Kent's West Hill and Normandy Park.

First off, the Mount Rainier Pool will be closed through September 17 for scheduled maintenance. We look forward to seeing everyone in the fall with extended hours and programming.

The park district is in the process of completing an Aquatic Feasibility Study to determine what pool users want in a sustainable aquatics facility and community recreation center. Our last meeting is **September 13 from 6:30 to 8:00 p.m.** at the Des Moines Yacht Club on 22737 Marine View Dr. S. We are looking forward to sharing the results of what a new aquatics and community center could look like.

We also started a newsletter for park district residents to improve communication with our taxpayers. In 2009, voters approved the creation of the Des Moines Pool Metropolitan Park District. Pool operations and maintenance are funded by property taxes and user fees. The park district operates under a balanced budget, and we are proud to have passed all our independent audits by the state.

Please feel free to contact me with any questions about aquatics programming, service or finances at (206) 429-3852 or scott.deschenes@desmoinespool.org. We appreciate your support for aquatics programming as a way to improve community health, safety and emotional well-being!

4. Tell us what site amenities you feel would enhance the play area. Check all that apply.

- | | |
|---|---|
| <input type="checkbox"/> Access for all abilities | <input type="checkbox"/> Picnic Table |
| <input type="checkbox"/> Bench | <input type="checkbox"/> Security Light |
| <input type="checkbox"/> Bike Rack | <input type="checkbox"/> Shelter |
| <input type="checkbox"/> Drinking Fountain | <input type="checkbox"/> Walking Path |
| <input type="checkbox"/> Fencing | Other _____ |



5. What types of activities do children in your household engage in at the play area? Check all that apply:

- | | |
|---|--|
| <input type="checkbox"/> Playing on the structure | <input type="checkbox"/> Running and playing in the park |
| <input type="checkbox"/> Imaginative play | <input type="checkbox"/> Socializing with other children |
| <input type="checkbox"/> Picnicking | Other _____ |



6. Do you consider the play equipment to be safe for children?

- 6A. Current equipment safe?** Yes No No opinion

6B. If no, why? Check all that apply:

- | | |
|---|--|
| <input type="checkbox"/> Visibility is obscured | <input type="checkbox"/> Too many users |
| <input type="checkbox"/> Equipment is not safe | <input type="checkbox"/> Witness to illicit activities |
| <input type="checkbox"/> No play equipment | Other _____ |



7. What general style of play equipment do you think is most appropriate for the play area?

- | | |
|--|--|
| <input type="checkbox"/> Play for All-Accessible Play Structures | <input type="checkbox"/> Modern-Abstract Shapes, Climbing Domes, Ropes, Swings |
| <input type="checkbox"/> Themed - Boat, Fort, Castle, Etc. | Other _____ |

8. Please use the following space to provide any additional comments related to play areas and equipment.

Thank you for your input. If you can support the play area project by volunteering or by a financial or material donation, please provide your information below so we can contact you.



Name _____ Park of Interest _____
Email _____ Address _____

Contact the City of Des Moines Parks & Recreation Director Patrice Thorell @ pthorell@desmoineswa.gov for more information.

Mail to: City of Des Moines Parks, Recreation & Senior Services

1000 South 220th Street | Des Moines, WA 98198 | Phone: 206-870-6527

CUT HERE 



NO KIDS LEFT INSIDE

DES MOINES CITYWIDE PLAY AREA SURVEY

The City of Des Moines is in the planning stages to build new play areas at Des Moines Beach Park and Steven J Underwood Memorial Park; replace aging play structures at Cecil Powell Park, Kiddie Park, Westwood Park and Wooton Park and repair existing play areas at Midway Park and Water Tower Park. Design work will begin in 2017. Construction of the play areas is contingent on the availability of funding from the following sources: City of Des Moines capital construction funds 43%, State and King County grants 47% and community fundraising 10% led by the Des Moines Legacy Foundation.

We invite you to fill out the attached survey and return it to: Parks, Recreation and Senior Services Office, 1000 S. 220th Street, Des Moines, WA 98198; fax to: 206-870-6587; email to: recreation@desmoineswa.gov or take the survey on-line: <http://www.surveymonkeydesmoinesplayareaproject>

1. When children in your household visit a play area with equipment, how many children in each age group?

- | | |
|------------------------------------|--------------------------------------|
| <input type="checkbox"/> 0-2 years | <input type="checkbox"/> 10-12 years |
| <input type="checkbox"/> 3-5 years | <input type="checkbox"/> 13 and up |
| <input type="checkbox"/> 6-9 years | |



2. Which park is playground equipment of interest to you? *If interested in more than one park, fill out additional survey(s).*

- | | |
|--|---|
| <input type="checkbox"/> Cecil Powell Park | <input type="checkbox"/> Steven J Underwood Mem. Park |
| <input type="checkbox"/> Des Moines Beach Park | <input type="checkbox"/> Water Tower Park |
| <input type="checkbox"/> Field House Park | <input type="checkbox"/> Westwood Park |
| <input type="checkbox"/> Kiddie Park | <input type="checkbox"/> Wooton Park |
| <input type="checkbox"/> Midway Park | |



3. What types of play equipment do children in your household prefer? *Check all that apply.*

- | | |
|---|--|
| <input type="checkbox"/> Balance Beam/Stepping Stones | <input type="checkbox"/> Rocker/Seesaw |
| <input type="checkbox"/> Carousel/Spinning | <input type="checkbox"/> Slide |
| <input type="checkbox"/> Climbing Rocks and Ropes | <input type="checkbox"/> Swings |
| <input type="checkbox"/> Ladders/Bridges | <input type="checkbox"/> Tunnels |
| <input type="checkbox"/> Monkey Bars | <input type="checkbox"/> Water Spray |
| <input type="checkbox"/> Musical Play | <input type="checkbox"/> Zip Line |



Other(s) _____

Continued on other side



Rec'n Roll

Des Moines Parks, Recreation and Senior Services



www.desmoineswa.gov | Recreation 206-870-6527 | Senior Services 206-878-1642 | Meeting & Facility Rental 206-870-9370

Parks & Recreation Offices		Acreage	Facilities / Programs																				
FIELD HOUSE 1000 S 220th Street Des Moines, WA 98198 206-870-6527	ACTIVITY CENTER 2046 S 216th Street Des Moines, WA 98198 206-878-1642		PLAY AREA	BALLFIELDS	RESTROOMS	PICNIC/KICKING	BASKETBALL/HOOPS	FISHING PIER/BOAT LAUNCH	TENNIS COURTS	NATURAL AREAS/ WALK	RECREATION CENTER	WALKING PATH	CREEK	SCENIC VIEW	BOAT/MOTORAGE/LAUNCH	PARKING	BICYCLING	FACILITY RENTAL	BEACH	SKATEBOARDING	ART / HISTORICAL SITE	SEATING	
1	Barnes Creek Trail Kent-Des Moines Road to 15th Ave. S.	1.2																					
2	Big Catch Plaza SW corner of S. 216th & Marine View Dr. S.	0.2																					
3	Cecil Powell Park 250th & 13th Pl. S.	0.2	•		•																		•
4	Des Moines Activity Center 2045 S. 216th Street				•																		•
5	Des Moines Beach Park-Historic District 22030 Cliff Ave. S.	19.6	•	•	•			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
6	Des Moines City Hall 21630 11th Ave. S.	N/A																					
7	Des Moines Creek Trail Access at S. 200th St. (SeaTac), 18th Ave. S. & 216th St. and 13th Ave. S. & S. 211th St.	9.58																					
8	Des Moines Marina 22307 Dock Ave. S.	45			•	•	•																•
9	Des Moines Memorial Park Marine View Dr. S. & Des Moines Memorial Dr.	0.1																					•
10	Dr. Shirley B Gordon Park 2194 S 262nd Ct.	0.86	•			•																	•
11	Field House Park/Community Center 1000 S. 220th St.	5.2	•	•	•	•																	•
12	Kiddie / City Park S. 230th St. & 21st Ave. S.	3.2	•			•																	•
13	Midway Park S. 221st & 29th Ave. S.	1.6	•																				•
14	Mt. Rainier Pool 22722 19th Ave. S.				•																		•
15	Overlook I Park Corner of S. 223rd & Cliff Ave. S.	0.1				•																	•
16	Overlook II Park S. 222nd & 5th Ave. S.	0.5				•																	•
17	Parkside Park S. 244th St. & 25th Ave. S.	4.4				•																	•
18	Parkside Wetlands 248th St. & 26th Ave.	14																					•
19	Redondo Pier, Boat Launch & Boardwalk Redondo Beach Dr. & Redondo Way	2.79			•	•																	•
20	S. 251st Park S. 251st St. and Marine View Dr. S.	5.5																					•
21	Sonju Park 24728 16th Ave. S.	9.3																					•
22	South Marina Park NE corner of S. 227th & Dock Ave. S.	0.8				•																	•
23	Steven J. Underwood Memorial Park 21800 20th Avenue South	20.5																					•
24	Water Tower Park 208th between 5th & 6th	1.34	•			•																	•
25	Westwood Park 6th Ave. S. & S. 192nd St.	1.34	•			•																	•
26	Woodmont Park Woodmont Dr. S. & 12th Ave. S.	8.7																					•
27	Wooton Park 28202 S. 9th Ave.	2.3	•			•																	•
28	Zenith Overlook/Beach Access NW corner of S. 239th & Marine View Dr. S.	0.1				•																	•
29	Zenith Park NW corner of S. 240th & 16th Ave. S.	5.5	•			•																	•



FACILITIES / PROGRAMS SITES





Recreation Scholarships



THE BENEFITS ARE ENDLESS!

The City of Des Moines Parks Recreation and Senior Services strives to make all programs and activities accessible to all people regardless of income. Scholarships will be granted on a percentage discount, depending on individual circumstances. All information will remain confidential. To be eligible for a scholarship, you must reside within the city limits of Des Moines, WA and meet the family size/yearly income requirements. Applicants meeting eligibility guidelines are awarded up to \$150 per quarter per calendar year. Eligible residents will be required to provide proof of identification, residency, and income. Scholarship applicants must be approved prior to registration. Call 206-870-6527 for more information.

La Ciudad de Des Moines Parques de Recreación y Servicios para Personas Mayores se esfuerza por hacer que todos los programas y actividades sean accesibles a todas las personas independientemente de sus ingresos. Las becas se otorgarán con un descuento porcentual, dependiendo de las circunstancias individuales. Toda la información permanecerá confidencial. Para ser elegible Para una beca, debe residir dentro de los límites de la ciudad de Des Moines, WA y cumplir con el tamaño de la familia / ingresos anuales. Reunión de solicitantes Las pautas de elegibilidad se otorgan hasta \$ 150 por trimestre por año calendario. Los residentes elegibles deberán presentar prueba de identificación, residencia, y los ingresos. Los solicitantes de becas deben ser aprobados antes del registro. Llame al 206-870-6527 para más información.

Household Size	1	2	3	4	5	6	7	8
50% Discount	\$21,987	\$29,637	\$37,296	\$44,955	\$52,614	\$60,273	\$67,951	\$75,647
75% Discount	\$18,711	\$25,232	\$31,752	\$38,273	\$44,793	\$51,314	\$57,850	\$64,402
90% Discount	\$15,444	\$20,826	\$26,208	\$31,590	\$36,972	\$42,354	\$47,749	\$53,157

Example: If your family size is 2 and your income is \$20,826 or less, you are eligible for a 90% scholarship.

* Acceptable forms of back-up information: Proof of Identity: driver's license, ID card, or passport. Proof of Residence: utility bill or rental lease agreement. Proof of Income: most current tax return, most current paycheck stub, DSHS check stub, SSI statement.*

REGISTRATION INFORMATION

PARKS AND RECREATION ADMINISTRATIVE OFFICE

1000 South 220th Street
Des Moines WA 98198
206-870-6527
TDD Line: 206-824-6024
Fax: 206-870-6587
recreation@desmoineswa.gov
<http://www.desmoineswa.gov/155/Parks-Recreation-Senior-Services>
Hours: Monday – Friday, 8am-6pm
Program registration: <https://apps.dashplatform.com/dash/index.php?Action=Auth/login&company=desmoines>

DES MOINES ACTIVITY CENTER OFFICE SENIOR SERVICES

2045 S 216th Street
Des Moines WA 98198
PO Box 98576
206-878-1642
Fax 206-878-2260
seniors@desmoineswa.gov
<http://www.desmoineswa.gov/217/Senior-Services>
Hours: Monday – Friday, 9am-4pm
Program registration: <https://apps.dashplatform.com/dash/index.php?Action=Auth/login&company=desmoines>

Resident Priority:

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not

to provide proof of residency will be assessed the full fee for programs.

The Resident Discount (“RD”) Fee is available to residents living within the City of Des Moines’ jurisdictional boundaries and Senior Adults. To qualify for the “RD” Fee participants must provide proof of residency such as: Valid picture ID with a Des Moines address, Valid picture ID accompanied by a utility bill with their Des Moines Address, Sports Teams qualify for the “RD” Fee when 51% of their players are Des Moines residents (proof of residency will be requested.)

The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

HOW TO REGISTER:

Program registration: <https://apps.dashplatform.com/dash/index.php?Action=Auth/login&company=desmoines>
Walk-in: Check, Cash, Visa/MasterCard.
Phone: Visa/Mastercard.
Mail-in: Registration Form with payment by check or Visa/MasterCard information. Registration forms are available in the offices or online at <http://www.desmoineswa.gov/158/Forms-Documents>

Registration Policies:

Pre-registration is required for all programs unless otherwise stated.

Registration is taken on a first paid basis. Returned check Fee: \$40 (plus 50% surcharge if collection action needed).

Refund Policy/Cancellations:

When DMPR/SS cancels a program, a full refund or credit will be issued.

Refunds, less a \$20 administrative fee, will be granted when requested a minimum of 5-business days prior to the program/course start date.

No refund will be issued for:

- Programs costing \$10 or less.
- Programs where admission fee was purchased in advance.
- Special Events.

Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

Disclaimer:

Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

Accommodation of Disabilities:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at 206-870-6527. TTY/TTD 206-824-6024.

Gender Equity Statement:

The City of Des Moines complies with the State of Washington’s “Fair Play in Community Sports Act” (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in

HOLIDAY CLOSURES

Monday, Sep 4 • Friday, Nov 10
Thursday, Nov 23 & Friday, Nov 24
Monday, Dec 25 • Monday, Jan 1

the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex.

If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.

Inclement Weather:

During periods of inclement weather radio stations will report school closures and changes. Please listen for the Highline School District report. For programs held in Federal Way schools, listen for the Federal Way School District report.

School Closed: All Des Moines Recreation & Senior Services Department programs are cancelled.

School Open/1-hour Late Arrival:

All non-Club KHAOS (check parent packet for details) recreation programs will operate as scheduled. Senior programs prior to 10am are cancelled. Senior programs held after 10am—call 206-878-1642 for updated information.

School Open/2-hour Late Arrival:

All recreation and senior programs held prior to 11am are cancelled. Recreation programs held after 11am will be scheduled as usual. Senior programs held after 11am—call 206-870-6527 for updated information.

When inclement weather occurs during school holidays, evenings or weekends, call 206-870-6527 or 206-878-1642 (Senior Programs) for updated information.

SENIOR OUTINGS



Out to Lunch

Enjoy a no-host lunch at new and old favorite eateries around the Sound. All trips depart 10–10:45am and return about 2pm.

Fri	Age 50+	\$10 transportation fee
Sep 8	Ray's Boat House Café	Ballard
Oct 13	Europa German Restaurant	Black Diamond
Nov 17	Angelo's of Burien	Burien
Dec 8	Tamarind Tree Provincial Vietnamese Rest.	Seattle

Horticulture Outings

Explore lush and varied Northwest gardens and nurseries. Lunch at local eateries or bring a sack lunch. Note: Fee does not reflect no-host lunch or garden admission fees.

Fri	Age 50+	\$10 Transportation Fee
Sep 1	9am	Dunn Garden, Seattle Lunch TBD
Sep 22	9am	Westport Winery Garden Resort Brown bag lunch at the garden
Oct 20	10am	Terrarium Class at Activity Center (all supplies provided—\$25)
Oct 27	8:30am	Pumpkin Patches, Snohomish County Lunch at Buzz Inn
Dec 7 (Thu)	9am	Holidays at Sky Nursery, Shoreline Lunch TBD

Golf Outings

Enjoy playing 9 holes at Puget Sound courses. Transportation is available on a first paid basis or meet at the course. All players draw numbers to determine playing partners and tee position. Departure is 8–8:30 am and the return time varies.

Mon	Age 50+	\$10 Transportation Fee
Sep 11	Rolling Hills	Bremerton
Sep 25	Lake Wilderness	Maple Valley
Oct 9	Meadow Park	Tacoma

BLUE PRINT FOR LIVING

Held at the Des Moines Activity Center, a series of workshops and presentations designed to enhance your independence. Registration is required. For more information on each workshop, phone 206-878-1642.

The Hidden Costs of Retirement

Tue Sep 5 10am

Help us Build Playgrounds in Des Moines

Mon Sep 11 11am

How to Make Your Health Care Wishes Known—

What You MUST Know

Part 1: What is HIPAA? How does it affect your health care?

Wed Sep 6 1pm

Part 2: Durable Health Care Power of Attorney/ Forms you should know about

Wed Sep 13 1pm

Part 3: Health Care Directive/S Wishes/ POLST-Forms you should know about

Wed Sep 20 1pm

DAY TRIPS

Explore the Northwest and leave the driving to us! Age 50+ and travel days vary.

Sep 6	Seattle Locks Cruise Ballard	\$50	11am–4pm
Sep 13	Washington State Fair Puyallup	\$25	9:45am–4pm
Sep 20	Foss Waterway Seaport Tacoma	\$20	9:45am–2:30pm
Sep 27	Bill/Melinda Gates Foundation Seattle	\$15	9:45am–3pm
Oct 4	Kezira Café Ethiopian Coffee Rainier Valley	\$15	11:15am–2pm
Oct 11	Pike Place Market Renovation Seattle	\$15	9:15am–4pm
Oct 18	Amazon Headquarters Tour Seattle	\$15	11:30am–5pm
Oct 25	WW Seymour Botanical Conservatory Tacoma	\$15	9:15am–2:30pm
Nov 1	Number 6 Cider Distillery Tour Queen Anne	\$15	10am–3pm
Nov 8	Living Computers Museum/Labs SODO	\$20	9am–2pm
Nov 15	MoPOP Seattle	\$45	8:30am–4pm
Nov 29	North Bend Outlet Mall North Bend	\$10	9am–4pm
Dec 6	Wild Waves Holiday Lights Show Federal Way	\$20	4:30pm–9pm
Dec 8	Coat Factory Outing Tacoma	\$10	9:30am –2pm
Dec 15	Victorian Santa Train Northway Railway Museum North Bend	\$35	8:30am–4pm

Introduction to Medical Marijuana

Tue Sep 12 10am

Aviation History: The Women of Boeing

Thu Sep 28 7pm

State of the City of Des Moines

Tue Oct 3 7pm

Managing Dizziness and Balance Disorders

Mon Oct 9 11am

ORCA Reduced Fare Permit

Tue Oct 17 1-2:30pm

A Funny Thing Happened On the Way to the Afterlife

Tue Oct 24 11am

Medicare Getting Started—Open Enrollment Presentation

Tue Nov 7 1pm

Taxpayer Advocate—What YOU Need to Know

Tue Nov 28 11am



Dance for Parkinson's (For adults with movement issues)

Dance for Parkinson's is designed for you! Stretch and strengthen your muscles, focus on balance and rhythm through many styles of dance and discover how to use your thought, imagination, eyes, ears and touch to control movement in a welcoming environment accompanied by live music. Caregivers and friends are invited to join in! No dance experience necessary. Classes are based on the Dance for PD® method, a program developed by Mark Morris Dance Group and the Brooklyn Parkinson Group. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company. Funding support from Des Moines Legacy Foundation. Register at www.nwfp.org/participate or call 877-980-7500.

Adults **\$5 Suggested Donation** **Activity Center**
Mon **Sep 11–Oct 30** **2–3:30pm**

Metro Transit LINK Instruction Program

Are you interested in learning more about riding public transportation in King County but are unfamiliar with or reluctant to use the Link light rail system? Metro Transit Instructional Training Program provides a classroom style orientation on the use of public transportation, as well as offering a guided community instructional outing on King County public transportation system (five or more individuals) and Metro pays the fare. This presentation is a prerequisite to the field trip.

Part One—Metro Transit LINK: In-House Presentation

Time will be focused on how to ride and navigate LINK light rail. Some of the subjects covered are boarding, recognizing all the information at a bus/LINK stop, transferring from LINK to buses, and problem solving skills while on LINK. The presentation also includes how to use your ORCA card, paying with cash, and much more.

Thu **Free** **Activity Center**
Oct 5 **9:30–11am Spanish / 1–2:30pm English**

Part Two—Metro Transit LINK: Community Instructional Outing

This is your chance to practice what you learned during the presentation. The escorted trip (with a Spanish interpreter) will help you to have the confidence and skills to be successful and independent as you ride the LINK light rail. The destination is from the new Angle Lake LINK Station to the UW/Husky Stadium Station, with a stop at the International District Station for lunch: Uwajimaya, anyone?

Free **9:30am** **Activity Center**
Fri **Oct 6** **Spanish**
Wed **Oct 11** **English**

Senior Dance

Dancing stimulates your mind, body and soul! Waltz, Jitterbug, Swing...move to the live music of Randy Litch on our beautiful hard wood floor. Stafford Healthcare provides hot beverages. Adults of all ages welcome!

Sun **\$5** **Activity Center**
Sep 24 **1–3pm**
Oct 22 **1–3pm**

Hosting a lifetime of EVENTS & CELEBRATIONS



BOOK YOUR EVENT TODAY
 Call 206.870.9370 or Visit www.beachparkeventcenter.com

Welcome to our new registration system DASH Online

Yes we are making the move to an Online registration system. Please follow the steps below to setup your account. Account setup will start August 21st; Online registration will start September 1st. Office registration and payments will still be available.

1. Start by visiting <https://apps.dashplatform.com/dash/index.php?Action=Auth/login&company=desmoines>
2. Select Create Account. Note: Enter YOUR personal information first, then add your children to the same account.
3. Enter Email address and choose email communication preference.
4. Enter your personal information and set up a password. On this screen you can also add children to the account.
5. To complete account set up, follow link provided with confirmation email. You are ready to login!

The first time you login, you will be asked to read and agree to The City of Des Moines liability waiver. Select "I have read and agree to the waiver", enter your account password and your initials for a digital signature. The waiver will be valid for one year from the date of signature. You are now ready to browse and register for activities!

Midday Hurray!—New Year's Eve Party

You don't have to wait until midnight to celebrate the New Year at this party! Celebrate with friends old and new at Des Moines/Normandy Park Senior Activity Center on Friday, December 29th. Sponsored by Village Concepts, enjoy music and dancing with Randy Litch, our game room for drop in Mexican Train, Hand and Foot, Pinochle, and Poker and tasty appetizers with sparkling punch to toast in the New Year. \$5 per person for food, fun and friendship to end 2017 and ring in the New Year with laughter and good fun.



Fri Dec 29 \$5 1-3pm Activity Center

Enhance Fitness

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Cosponsors: Group Health and Senior Services. Instructor: Yu San Gartz.

Tue/Thu/Fri	Adults	Field House
Sept 1-29	8-9am or 9:20-10:20am	\$39
Oct 3-31	8-9am or 9:20-10:20am	\$39
Nov 2-30*	8-9am or 9:20-10:20am	\$30
Dec 1-15	8-9am	\$21
Dec 1-29	9:20-10:20am	\$39

*No class 11/23 and 11/24

Stretch and Balance

Gentle stretching can help to enhance a greater range of movement. Get a total body stretch of all major and minor muscle groups and improve overall flexibility and balance. Instructor: Carolyn Rosenfield.

Adults	\$40	Activity Center
Thu	Sep 14-Oct 19	9-10am
Thu	Nov 2-Dec 14*	9-10am

*No class 11/23 and 11/24

Tai Chi

This class will introduce basic movements of Tai Chi with emphasis on the no-impact, relaxed, flowing movements which aid in balance, increased strength and vitality. By the end of the 6 weeks, students will have learned the movements from the 24 pattern form. Wear comfortable, loose clothing. Instructor: John Lindsay. *No class on Sep 4.

Adults	\$60	Beach Park Dining Hall
Mon/Wed	Aug 21-Sept 25*	11am-12pm
Mon/Wed	Oct 2-Nov 1	11am-12pm
Mon/Wed	Nov 13-Dec 13	11am-12pm

Sunday Walks!

Gary McNeill with Des Moines Legacy Foundation is hosting local walks on a Sunday each month. The location and routes of the walks are subject to change, so updated information can be obtained from the Des Moines Legacy Foundation web page or on Meetup.com by searching for Des Moines Waterland Walking Group.



Sunday	11:00am
Aug 20	Meet at Redondo pier
Sep 10	Meet at Des Moines City Hall (Sculpture Walk)
Oct 15	Meet at Des Moines Marina Fishing Pier
Nov 19	Meet at Des Moines Marina Fishing Pier
Dec 17	Meet at Des Moines Marina Fishing Pier

ADULT FITNESS

Senior Self-Defense Workshop

Would you be able to defend yourself and your loved ones if someone were to physically attack you? This one hour seminar is about empowering the individual to understand the dynamics of violence so you can identify, prevent and escape violent situations. Instructor: Clay Fife.

Adults Age 50+ Free Activity Center
Mon Oct 2 5:30-6:30pm

Join Us For Our
Best BBQ of the Season
Friday, October 6, 2017
5-7 pm
Des Moines Activity Center
2045 S 216th Street
206.878.1642

Adults: \$10
Children: \$5
*Families: \$20

Sponsored By:


*Family: 2/adults + Children Age 12 & under

Proceeds Benefit: You - Des Moines / Normandy Park Activity Center's Programs & Services

ADULT ENRICHMENT

American Boating Course

Learn the essential information to operate a boat: boat handling, seamanship, necessary equipment, boat trailering, and much more. This course exceeds educational requirements in all states and a test is given at the conclusion of the course to qualify you for a boating education certificate. Bring a sack lunch. Fee includes textbook and all materials—students are responsible for picking up supplies. Instructors: Poverty Bay Power Squadron.

Sat Ages 12-Adult \$40 Public Works & Parks Service Ctr
Sep 16 8am-4pm



Dog Obedience

Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Officer, Champion Trainer.

Day	Dogs 4+ months	R/NR	Field House
Wed	Sep 6-Oct 11	\$95/\$105	7:15-8:15pm
Wed	Nov 1-Dec 13*	\$95/\$105	7:15-8:15pm

*No class November 22.

CLASSES

AARP Smart Drivers

Discover how to be more aware in today's traffic. Reinforce your good habits and iron out the bad habits that have crept into your driving pattern. Upon completion of the course your certificate will get you a discount on your auto insurance as required by state law. Lunch break provides an opportunity to take advantage of the Nutrition Lunch Program.



Adults Age 50+ \$15 AARP Member/\$20 Non Activity Center
Tue/Wed Oct 17 & 18 10am-2:30pm

Red Cross CPR/First Aid Class

Are you prepared to babysit your grandchildren? Let's make sure you are ready to take on any emergency situation that might arise while watching your little bundles of joy. Join Red Cross Instructor, Glen Hance, as he walks you through basic first aid skills and the newest version of CPR. Have a happy and safe time playing with your grandkids!!

Adults \$30 Activity Center
Mon Oct 16 9am-12pm

Garden Art Workshops

Create unique, one of a kind works of art for holiday gifts this year! All levels of craftiness are welcome! Join instructor Wilma Kuntz for one or all of our workshops.

Adults \$25 Activity Center
Wed Sep 13 Bird Baths 9-11am
Wed Oct 11 Holiday Glass Angels 9-11am

Craft supplies provided and bring a box/container to transport art home.

Skill-builders in Watercolor

For watercolor novices and experienced painters alike, this class will present a weekly project to strengthen your watercolor skills while enjoying the creative process. Supply list available at registration. Instructor: Susan Waite.

Adults \$65 Activity Center
Tue Sep 26-Nov 14 1-3:30pm

Seniors Making Art: Acrylic

Acrylic paint can be used straight from the tube or it can be used with water or other mediums to appear like watercolor. We'll investigate both uses: thick, and thin, as we paint from photographs, objects, nature, mirrors, and each other (as models!). No experience necessary, just enthusiasm to learn and to have fun painting! *No class on Nov 2.

Adults Age 50+ Free Activity Center
Thu Sep 2-Nov 16* 1-3pm

Funding provided by Des Moines Legacy Foundation



SUNDAY, NOV. 5
9:30 am - Noon
ANTHONY'S HOMEPORT
RESTAURANT • DES MOINES

INVITATION TO FOLLOW
\$80 per person
Proceeds benefit Senior Services
and Youth Recreation
206.878.1642 / dmlegacy.org

Tiger Kids/Family Martial Arts & Fitness

Description: Kids & their Parents or just the kids can have fun while developing coordination, focus and fitness. Students can progress in Belts & learn the simple moves of Taekwondo/Karate to the cool moves of the Ninja Turtles (Kobudo Weaponry) and Kung Fu step by step promoting confidence, achievement & safety skills. Bag Kicking & Jedi Warrior sparring also for fun.

Wed	Ages 7 yrs+	R/NR	Field House
Sep 13–Nov 1	4:50–5:30pm	\$92/\$110	<i>*Colored Belts 4:50–5:45*</i>
Nov 11–Dec 20	4:50–5:30pm	\$81/\$97	<i>*Colored Belts 4:50–5:45*</i>

TEEN

Des Moines Youth Council

Make new friends and gain leadership and organization skills participating in Des Moines Youth Council. The Council plans civic activities during the school year and participants earn credits towards reward activities offered at the end of the year—such as trips to Wild Waves or Seattle Mariners games.

Open enrollment year round—request an application. Parents are invited to attend the first meeting. Call in advance to confirm meeting dates. 206–870–6582.

Thu	3–4:30pm	Grades 6–9	Free
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Teen Dances

Kick it at theme dance parties hosted by Des Moines Youth Council! Theme dance parties feature contests, concessions and dancing. Des Moines schools: Grades 6–8; waiver and student ID required for admission. Des Moines residents with parent verification. Call 206-870-6582 for policy information. Facilitator: Recreation staff.



Fri	\$8	Field House
Sep 29	7:30–10pm	Back to School
Oct 27	7:30–10pm	Monster Mash
Dec 1	7:30–10pm	Neon Glow

Better Babysitters Class

Participants receive the knowledge and confidence to care for infants to school-age children through videos, activities, hands-on training and discussion for a complete learning experience. Babysitter Training teaches how to: respond to emergencies, make decisions, communicate with parents, manage children, feed, diaper, care for infants and start a babysitting business. Bring a sack lunch and a snack. Bring \$16.50 materials fee to instructor, first day of class. Instructor: Gaylynn Smith, Pro Cert

Sat	Ages 11–15	R/NR	Police Station
Sep 23	8:30–2:30pm	\$56/\$68	
Nov 18	8:30–2:30pm	\$56/\$68	



Parent's Night Out

Get date night back and enjoy peace of mind knowing your children are in the hands of caring, trained staff ready to engage them in active games and spark their imagination with arts and crafts. Dinner included.

Fri	Ages 4–12	R/NR	Field House
Oct 20	6–10pm	\$20/\$24	

Holiday Drop & Shop

Parents—Looking for some time to shop with friends, family or wrap some gifts? Drop your kids off with us and under our watchful eye, they'll have a ball and you get time to get those holiday errands checked off!

Fri	Ages 4–12	R/NR	Field House
Dec 8	6–10pm	\$20/\$24	
Sat	Ages 4–12	R/NR	Field House
Dec 23	12–4pm	\$20/\$24	

3rd Annual

On Poverty Bay

Support Des Moines Arts!

ARTS AUCTION, APPETIZERS, ENTERTAINMENT & WINES

September 22, 2017 5pm-9pm

Des Moines Beach Park Auditorium

TICKETS \$50 ON SALE TODAY

206-870-6527 Des Moines Field House, Salon Michelle
& BROWNPAPERTICKETS.COM

FOUR POINTS
BY SHERATON

YOUTH ACTIVITIES

Toddler Preschool / Robyn's Nest Pre-School

Mom and Dad—take a break while your children have a great time learning, playing and meeting new friends under our watchful eye. Activities include arts and crafts, games, songs, puppetry and outdoor fun. Facilitators: Trained Staff with CPR First Aid certification.



Mon–Thu	Ages 4–5	R/NR	Field House
Sep 11–28	9:30am–12pm	\$150/\$180	
Oct 2–31	9:30am–12pm	\$225/\$270	
Nov 1–30*	9:30am–12pm	\$175/\$210	
Dec 4–14*	9:30am–12pm	\$100/\$120	

*No school Nov 20th–23rd and Dec 18th–28th

Indoor Tot Time

Keep your little ones active indoors as the weather turns with age appropriate exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available on hand, join in the fun and watch them make new friends along the way. \$20 10-visit punch card or \$3/drop-in per child.

Mon/Wed	Ages 1–5	Field House
Sep 11th and ongoing		10am–12pm

Kokondo Martial Arts

Learn basic karate including blocks, kicks and strikes. Emphasis placed on effective street self-defense; you will learn to defend yourself against punches, grabs, chokes, bear hugs and more. Instructor: Dave Thompson.



Wed/Fri	Age 12+	R/NR	Field House
Sep	5–6:30pm	\$34/\$39	
Oct	5–6:30pm	\$30/\$34	
Nov*	5–6:30pm	\$30/\$34	
Dec	5–6:30pm	\$34/\$39	

*No Classes Nov. 10

Tiger Kids Martial Arts Course Overview

Instructor: Mitch Mayberry, International Champion, 9th degree Master

Fee: all participants must pay the \$14 AAU Membership in addition to the individual course fees. Uniforms optional and available from the instructor.

Tiny Tigers Kung Fu & Taekwondo

A fun and less intense Martial Arts program focusing on fun and fitness while developing motor skills, coordination and improved listening skills through the use of games and training aids including bag kicking and sword play for fun.

Wed	Ages 3–6	R/NR	Field House
Sep 13–Nov 1	4:20–4:50pm	\$92/\$110	
Nov 11–Dec 20	4:20–4:50pm	\$81/\$97	

The Des Moines Arts Commission & The MaST Center at Redondo present the 4th Annual

Squid-A-Rama

Sat, Nov. 11th
4-7:30 PM

MaST Center and Pier next to Salty's
28203 Redondo Beach Drive S.
Des Moines, WA 98198

This annual event is **free** to the public and features art and science activities for all ages. Salty's chowder will be available for purchase with hot chocolate and coffee. For more information visit the Des Moines Arts Commission website.

desmoinesartscommission.com

HALLOWEEN CARNIVAL!

MONDAY, OCTOBER 31
5-8pm
Field House
1000 SOUTH 220TH STREET

A host of "frightfully fun" skill challenging games!
Ages: 12 and under*.
\$5 admission and non-perishable food donations (optional) for the Des Moines Food Bank.

*CHILDREN UNDER AGE 5 MUST BE ACCOMPANIED BY AN ADULT.

Break Time

This is your solution to not having time off when your child does! Break Time provides a warm caring and safe environment where friendships flourish and leadership skills blossom through participation in enriching experiences cleverly presented under the guise of arts, crafts, games, tutoring and reading. Children keep fit participating in active games and athletics. You send lunch we provide nutritional snacks!

6:30am-6:00pm

Day	Dates	District	Camp Type
Fri	Oct 13	HL & FW	No School
Wed-Thu	Nov 8-9	Federal Way	Conferences
Fri	Nov 10	HL & FW	Veterans Day
Mon-Wed	Nov 20-22	Highline	Conferences
Mon-Fri	Dec 18-Jan 2	HL & FW	Winter Break

Field House

R/NR

Daily Drop-in Fee: \$40/\$45
Winter Break Fee: \$320/\$360

YOUTH SPORTS



Youth & Teen Basketball Leagues

Hoop season is here—and the focus shifts to developing basketball techniques, effective team building while providing players with a competitive experience—all for an affordable cost!

League Sponsor: Land O'Frost Lunchmeat Meats

Season: Late November-early March

Games: Played on Saturday at local schools and the Field House

Practices: Scheduled one weekday night a week starting late November

Coed Youth Division Features 8-foot Baskets!

Grade K, Grades 1-2

Youth Recreation Divisions Teams play in a local league

Boys Division	Girls Division
Grades 3-4	Grades 3-4
Grades 5-6	Grades 5-6
Grades 7-8	Grades 7-8

Check out our Early Bird Rates!

The earlier you register the more affordable... best deal begins in September.

Registration Dates	Player Fee R/NR
Sep 1-Sep 30	\$74/\$89
Oct 1-Nov 10	\$84/\$100
Nov 11-Nov 18	\$105/\$125
Nov 18 Registration Closed	
Nov 19-Dec 16* Late Registration	\$168/\$200

*Placement on a team is not guaranteed

Coaches Meeting

Thu Nov 2
6pm Field House



Basketball Training Clinic

Des Moines Parks and Recreation is the place to go if you want to develop as a basketball player. Michael and Marv Johnson of the Johnson Boys B-Ball Training, formerly of South Sound Athletics are here to help. They have helped train NBA players like Jamal Crawford, Rodney Stuckey, Nate Robinson, and Isaiah Thomas. All levels are welcome, they cover shooting, ball handling, passing, and how to play without the ball in hands. Sign up now and you will become a better player and learn what it takes to get as good as you want. Basketball is a journey.

Tue	Grade 3-8	R/NR	Field House
Sep 5-26		\$137/\$152	5:30-7pm
Oct 3-24		\$137/\$152	5:30-7pm
Nov 7-28		\$137/\$152	5:30-7pm
Thu	Grade 9-12	R/NR	Field House
Sep 7-28		\$137/\$152	5:30-7pm
Oct 5-26		\$137/\$152	5:30-7pm
Nov 2-Nov 30*		\$137/\$152	5:30-7pm

*No class Nov 23

Preseason Hoop Camp

Basketball season is approaching fast—time to challenge yourself and improve your game! This developmental skills camp is designed to help players of all levels improve while having fun. Offensive focus: dribbling, passing and shooting. Defensive drills: foot positioning and handwork.

Sat	Age 7-15	R/NR	Field House
Nov 11	Age 7-15	\$31/\$37	9am-12pm
Nov 11	Age 3-6	\$25/\$30	1pm-3pm

Rams Hardwood Winter Basketball Camp

Players receive expert instruction focused on individual development and team work. Players improve dribbling, shooting, rebounding and other essential basketball skills to use in games and competition.

Mon-Tue	Age 7-15	R/NR	Mt Rainier Gym
Dec 18-19		\$56/\$66	9am-12pm



Saturday, Dec 9
Des Moines
Activity Center

Seating-1
9-10:15am

Seating-2
10:45am-12pm

Children: \$8 Adult: \$4
Age 2 & under: Free

Join us for a delicious pancake breakfast with Santa! Enjoy holiday activities and visit with Santa about holiday wish-lists. A parent or responsible adult must accompany children. Pre-registration required.

Club KHAOS

Kids having an outrageous school year!

Our energetic and dedicated staff will ease you and your kids into an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, spark their learning skills and develop healthy habits with K-Fit!



Grades K-6 Mon-Fri

Registration Fee: \$30 Resident (R) \$35 Non-Resident (NR)

Highline School District Sites:

Des Moines, North Hill, Marvista, Midway & Parkside Elementary Schools

Federal Way School District Site:

Woodmont Elementary School

Financial Scholarships Available:

Please call 206-870-6527 for detailed information!

Monthly sessions throughout the school year.



Wake up in KHAOS

Start your child's day with friends and caring staff. A nutritious snack and a morning filled with enriching activities, individual and group playtime.

6:30am-school start

Dates	R/NR	Highline
Sep 6-29	\$258/\$314	
Oct 2-31	\$301/\$367	
Nov 1-30	\$230/\$279	
Dec 1-15	\$158/\$192	
Dates	R/NR	Federal Way
Sep 6-29	\$213/\$261	
Oct 2-31	\$249/\$306	
Nov 1-30	\$202/\$247	
Dec 1-15	\$131/\$160	

Drop-in Fee:	R/NR
Highline Sites	\$17.25/\$21.00
Federal Way Site	\$14.25/\$17.50

Sunset in KHAOS

Relax knowing your child, fueled with a nutritious snack, will burn off that excess energy absorbed in lively games, seasonal arts, crafts and creative play. Time is set aside for homework.

School dismissal-6pm

Dates	R/NR	Highline
Sep 6-29	\$271/\$327	
Oct 2-31	\$314/\$379	
Nov 1-30	\$238/\$288	
Dec 1-15	\$170/\$205	
Dates	R/NR	Federal Way
Sep 6-29	\$305/\$368	
Oct 2-31	\$314/\$430	
Nov 1-30	\$238/\$349	
Dec 1-15	\$170/\$225	



Welcome to our new registration system DASH Online

Yes we are making the move to an Online registration system. Please follow the steps below to setup your account. Account setup will start August 21st; Online registration will start September 1st. Office registration and payments will still be available.

1. Start by visiting <https://apps.dashplatform.com/dash/index.php?Action=Auth/login&company=desmoines>



2. Select Create Account. Note: Enter YOUR personal information first, then add your children to the same account.
3. Enter Email address and choose email communication preference.
4. Enter your personal information and set up a password. On this screen you can also add children to the account.
5. To complete account set up, follow link provided with confirmation email. You are ready to login!

The first time you login, you will be asked to read and agree to The City of Des Moines liability waiver. Select "I have read and agree to the waiver", enter your account password and your initials for a digital signature. The waiver will be valid for one year from the date of signature. You are now ready to browse and register for activities!

Drop-in Fee:	R/NR
Highline Sites	\$17.25/\$21.00
Federal Way Site	\$20.25/\$24.50
Highline Sites Early Release Fridays	\$22.25/\$26.00
Federal Way Early Release Wednesday	\$22.25/\$26.00

Sunrise to Sunset

Give yourself worry-free day and a significant fee reduction.

Dates	R/NR	Highline
Sep 6-29	\$382/\$463	
Oct 2-31	\$444/\$539	
Nov 1-30	\$338/\$410	
Dec 1-15	\$237/\$287	
Dates	R/NR	Federal Way
Sep 6-29	\$374/\$455	
Oct 2-31	\$438/\$531	
Nov 1-30	\$355/\$431	
Dec 1-15	\$229/\$279	



AUTUMN IN DES MOINES *Events*

• AUGUST •

POVERTY BAY BLUES & BREWS

Great blues and craft breweries at Beach Park Saturday, August 26, Noon-8pm. Tickets at: www.drinktomusic.org, www.dmnprotery.org



• SEPTEMBER •

DES MOINES FARMERS MARKET Showcases local fresh farm produce, artisans and foods at the Marina. Saturdays 10am-2pm www.dmfm.org

WINE AND ART WALK

Meet at Salon Michelle and come join us for a Wine and Art Walk stopping at local businesses—\$5.00 per stop. September 13, 5pm-7pm. www.destinationdesmoines.com

POVERTY BAY ARTS GALA

Food, Entertainment, and Arts to benefit Des Moines Arts Commission's annual events. Friday, September 22, 5pm-9pm. Tickets \$50 at: 206-870-6527. www.desmoineslegacy.org



• OCTOBER •

BBQ NIGHT

Join us for the BEST BBQ in October to support programs and services at the Activity Center Friday, October 6, 5pm-7pm. Tickets at the door. www.desmoineswa.gov

SEATTLE SYMPHONY

Free community chamber music concert at the Beach Park Event Center Auditorium Friday, October 13, 7pm. No ticket required. www.desmoineswa.gov

TRICK OR TREAT PATH & CARNIVAL

Treats at Marina District businesses 3pm-6pm, followed by a kid's carnival at Des Moines Field House, Tuesday, October 31, 5pm. www.destinationdesmoines.org

• NOVEMBER •

BAYSIDE BRUNCH

Champagne brunch at Anthony's supports programs serving low-income youth and seniors. Sunday, November 5, 9:30am-12:30pm. Tickets at: www.desmoineslegacy.org

SQUID-A-RAMA

Community event featuring squid at Highline College's MaST Center at Redondo. Saturday, November 11, 4pm-7pm. www.desmoinesartscommission.com

• DECEMBER •

HOLIDAY TREE LIGHTING

Community event with cookies, hot cocoa, caroling and photos with Santa. Friday, December 1, 6pm. www.destinationdesmoines.org

ARGOSY CRUISES CHRISTMAS SHIPS & BONFIRES

Community bonfire at Redondo and choirs singing from the Ship. Wednesday, December 6 at the Beach Park at 7:20pm and at Redondo at 8:40pm. Tickets at: www.argosycruises.com

BREAKFAST WITH SANTA

Enjoy breakfast with Santa in one of two seatings at the Activity Center. Saturday, December 9, 9:15 & 10:45am. www.desmoineswa.gov



• YEAR ROUND •

ART ON POVERTY BAY

Outdoor sculpture gallery. Locations at Redondo Beach and Marina District. Map at www.desmoinesartscommission.com



Seattle Symphony
DES MOINES BEACH PARK COMMUNITY CONCERT
Event Center Auditorium
22030 Cliff Ave. S
October 13, 2017, 7pm

The Seattle Symphony plays chamber music by Alexandra Gardner and Beethoven! Join musicians from the Seattle Symphony as they perform Composer in Residence Alexandra Gardner's String Quartet, *Coyote Turns*, paired with Beethoven's celebrated Septet in E-flat major, bringing together mysticism and symbolism, as well as playfulness and creative spirit across time and space.
ALEXANDRA GARDNER: *Coyote Turns*
BEETHOVEN: Septet in E-flat major

Your Guide to Des Moines Parks, Recreation & Senior Services

Rec'n Roll



Fall 2017

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